

Gligoris Voltis
Massage Therapist TAO Massage
Sauna Master; Banja Master; Hamam Master
Spa Owner of Casa del Silencio
Am Augarten 5
35435 Wettenberg
Mobil: +49 173 6655395



My name is GLIGORIS VOLTIS, I am of Greece origin, and I live in Giessen, Germany.

I was born 30.03.1962 in Romania as a child of Greece parents, so I have Greece roots, which I am proud of. My parents and I came to Germany when I was five years old, but I am still Greek from my heart.

My passion for massage arose during my first travel to Thailand. After finishing school, I went to Thailand with friends, just for a holiday. On the streets in Chiang Mai, there have been Buddhistic monks who gave massages against food.

One of these monks looked at me, talked to me, and told me that he saw extraordinary strength and potential in me and could imagine that I was a good massage therapist. So, of course, I tried, and ... over two years, I spent my time in the Buddhistic temple of Chiang Mai, where the monks taught me how to give massages. As the monks did, I also worked on the streets, wearing monks' clothes, giving massages against food.

After I returned to Germany, I found another teacher who learned at the same place in Chiang Mai and opened a massage school in Germany to teach the TAO-Massage. So, I spend another year training massage in "INSTITUT WILMS", to get an official certificate for TAO-Massage.

I have a professional education as a furrier and have worked in that job for many years. After that, I worked at the airport in Frankfurt for about 25 years.

But never forgot my passion for massages about the health of the human body and soul. As a sports teacher and official soccer trainer for adults and children, I absolved many seminars. In addition to my full-time jobs, I have often been asked to offer massages and rent and run the Spa facilities in several hotels at the airport. I managed the wellness areas of Steigenberger / Hilton Hotels for over 20 years and made my experience as a Spa Manager and massage therapist there. At last, worked in a fabulous fitness/wellness studio in Frankfurt called MeridianSpa. I worked as a Wellness- and Spa-Manager and Massage-Therapist over five years, giving Sauna-Experiences (Aufguss) and managing a team of employees.

I worked on professionalizing my passion and works with many more seminars from Hotstone Massage, Kinesio-Taping, and professional education in chiropractic from "Ackermann"/Sweden. He is a very well-known professional in osteopathic and chiropractic treatments. As I have been a licensed football coach for many years, I know the body and its anatomies very well. I give a lot of coachings for fitness & health. Since 2019 I have followed my passion for Wellness & Health and became "Sauna-Master", "Hamam-Master," and "Banya-Master", furthermore I learned the use of singing bowls for meditation, but also in the massage treatment.

In December 2016, my wife and I decided to open our massage and cosmetic salon, "Casa del Silencio" in Wiesbaden, located in the Thermal Spa. In December 2019, we opened our branch in Budenheim, near Mainz, in 2020, another massage salon in Wettenberg near

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Gießen. We are working with part-time employees and freelance massage therapists. We offer beauty treatments, foot spa, and massages. Furthermore, for many years we have provided training and seminars in massage. According to this, we founded the WMA Wellness & Massage Academy in 2019.

I participated in the European Massage Championships in Spilamberto, Italy, and the World Championships for massages in Kopenhagen in 2019. I won the bronze medal in Wellness-Massages, practiced with singing bowls. In November 2019, Casa del Silencio organized a Charity Event with multiple massage therapists from all over Europe.

Unfortunately, due to Corona pandemics, we had to close our Spa in Wiesbaden in August 2020. Still, I never lost my passion for massage therapy, being a teacher, coach, and judge for massage championships.

We are happy to work as massage therapists because we like it and share our passion for massage. You can meet us on Facebook: Casa del Silencio (Wiesbaden) or on our homepage: www.casadelsilencio.de, we have an online shop for vouchers, and we offer online-booking services to our customers.

About my particular massage therapy:
What kind of massage is the TAO-Massage?

It is not eastern style or Thai-Style, even if I have learned the technique in Thailand. It's a western-style with many classic elements, based on Western massage techniques, which I will explain. TAO Massage is a holistic massage that can be issued on body parts (only legs or back), but especially in full-body treatments that last about one hour.

After having the professional TAO massage, a high degree of mental balance and relaxation are provided. The TAO massage is an intensive massage of the entire body and acts on the muscles and the deeper connective tissue. The main focus is to release blockades (blocks) in the physical body, even on a mental basis. Many people don't know they have blockades and are very satisfied after the full-body TAO massage. The TAO massage is characterized by special treatment of the back, neck, head, feet to let the energy flow and lead the body to an inner balance. The wellbeing brought with this massage is sustainable and long-lasting, giving you unimagined ways to yourself. All my customers talk about an exceptional experience to their bodies and souls. Some of them are talking about how the massage with me changed their lives completely.

Since I have worked on professionalizing my technique for about 25 years now, my massage is a TAO-Massage with very personal elements.

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Achievements:

- **Championships:**

Participation in the European Massage Championships
Spilamberto Italy 2019

Bronze Medal Wellness-Massage
World Championship in Massage
Copenhagen Denmark 2019

- **Judge Massage Championships**

Judge at the Romanian Massage Championships 2020 and 2021

Official Judge at the World Massage Championships in Copenhagen 2022

- **Certificates in:**

Massage Therapy
Massage Teacher Basis (IMA)
Banya Master
Sauna Master
Fitness Coach
Licensed Football Coach

- **Expertise:**

- **Massage**

Classic / Swedish massage therapy
Hotstone Massage
Bamboo Massage
TAO Massage
Deep Tissue Massage
Wellness Massage
Sports Massage
Massage with chiropractic elements

- **Sauna and Wellness Treatments**

Russian Banya / Banja
Oriental Hamam
Sauna-Aufguss & Show-Aufguss
Beauty Treatments
Singing Bowls in Massage and for Meditation
Aroma Therapy

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